

Curriculum Vitae

ANDREA J. MILLER, PhD

Licensed Clinical Psychologist

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insightandgrowthcounseling@gmail.com

EDUCATION

- Ph.D. Virginia Commonwealth University, Richmond, VA August 2006-August 2009
 APA Accredited Counseling Psychology Program
 Area of Sub-specialization: Positive Psychology (Prevention,
 intervention, and health promotion through emphasizing positive
 development and growth)
- M.S. Virginia Commonwealth University, Richmond, VA August 2004-May 2006
 APA Accredited Counseling Psychology Program
- B.A. Austin College, Sherman, TX, August 2000-August 2003
 Major: Psychology

EMPLOYMENT

- Insight and Growth Counseling, LLC January 2015 - present
Licensed Clinical Psychologist
- Hollins University August 2013- December 2016
Adjunct Professor for Master's of Liberal Arts Program
- Providence Psychological Services November 2011- December 2012
Licensed Clinical Psychologist
- Providence Psychological Services May 2010 – October 2011
Postdoc Clinician
- Georgia Southwestern State University August 2009 - May 2013
Assistant Professor in Undergraduate Psychology Program
- Virginia Tech, Counseling August 2008 - July 2009
Psychology Intern at Cook Counseling Center
- Virginia Commonwealth University Summer 2007, Summer 2008
Adjunct Instructor for Undergraduate Psychology Program
- Virginia Commonwealth University August 2004 - June 2008
Teaching Assistant and Research Coordinator Undergraduate Psychology Program

TEACHING EXPERIENCE

Hollins University, Adjunct Instructor Master's Level

Most recent student evaluation average was 1.14 (scale of 1 = very good to 5 = very poor)

Theories of Personality

Forensic and Legal Psychology

Georgia Southwestern State University, Assistant Professor, Undergraduate

Student evaluation average was 1.35-1.55 (scale of 1 = excellent to 5 = poor)

Introduction to Psychology

Abnormal Psychology

Theories and Techniques of Counseling

Introduction to Psychological Assessment

Health Psychology

Theories of Personality

Senior Research I

Psychology Internship

Virginia Commonwealth University, Adjunct Instructor

Introduction to Psychology

Introduction to Helping Relationships

Research Internship in Psychology

PRESENTATIONS

Miller, A. J. (2025). Mental Health and Parkinson's: Wellness Through Understanding and Coping Strategies. Presented at American Parkinson's Disease Association Virginia Parkinson's Conference.

Miller A. J., (2022). Self-Care Across the Career Span. Presented at Virginia Academy of Clinical Psychologists Fall 2022 Conference.

Miller A. J., (2022). Buffering Mental Health Symptoms and Burnout with Parkinson's Disease. Presented at Roanoke Parkinson's Support Group of Virginia Symposium.

Miller A. J., (2021). Burnout and wellness promotion for clinical psychologists. Presented at Virginia Academy of Clinical Psychologist Fall 2021 Conference.

Miller, A. J. (2012). Coping when it's you or your family who are the victims. Presented at Working with Victims Training Conference. Georgia Southwestern State University.

Miller, A. J. (2012). PTSD: An Overview of Symptoms, Risk Factors, and Treatment. Presented at Working with Victims Training Conference. Georgia Southwestern State University.

PEER-REVIEWED PUBLICATIONS & CHAPTERS

2016

Toussaint, L., Worthington, E. L., Jr., Van Tongeren, D. R., Hook, J., Berry, J. W., **Miller, A. J.**, & Davis, D. E. (2016). Forgiveness working: Forgiveness, health, and productivity in the workplace. *American Journal of Health Promotion*, 1-9.

2015

Miller, A. J., & Worthington, E. L., Jr. (2015). Sex, Forgiveness, and Health. In L. L. Toussaint, E. Worthington, & D. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp. 173-187). Springer, Netherlands.

Worthington Jr., E. L., Berry, J. W., Hook, J. N., Davis, D. E., Scherer, M., Griffin, B. J., Wade, N. G., Yarhouse, M., Ripley, J. S., **Miller, A. J.**, et al. (2015). Forgiveness-reconciliation and communication-conflict-resolution interventions versus retested controls in early married couples. *Journal of Counseling Psychology*, 14-27.

2013

Miller, A. J., Worthington, E. L., Jr., Hook, J. N., Davis, D. E., Gartner, A. L., & Frohne, N. A. (2013). Managing hurt and disappointment: Improving communication of reproach and apology. *Journal of Mental Health Counseling*, 35, 108-123.

2012

Miller, A. J., & Worthington, E. L., Jr., (2012). Connection between personality and religion and spirituality. In J. D. Aten, K. A. O'Grady, & E. L., Jr. Worthington (Eds.). *The psychology of religion and spirituality for clinicians: Using research in your practice* (pp. 101-129). New York: Brunner-Routledge.

Greer, C. L., Greer, T. W., Worthington, E. L. Jr., **Miller, A. J.**, Van Tongeren, D. R., Toussaint, L., & Exline, J. J. (2012). Religion and fairness, justice, and forgiveness in organizational settings. In P. C. Hill & B. Dik (Eds.), *Advances in workplace spirituality: Theory, research and application* (pp. 201-222). Charlotte: Information Age Publishing.

Worthington, E. L., Jr., Ripley, J. S., Hook, J. N., **Miller, A. J.**, Lin, Y., Lavelock, C., & Crawford, S. (2012). *Hope-focused couple approach: Research on efficacy and analysis of why it might be effective*. In A. J. Lancaster & O. Sharpe (Eds.), *Psychotherapy: New research* (pp. 1-28). Hauppauge, NY: Nova Science Publishers.

2011

Worthington, E. L., Jr., **Miller, A. J.**, & Talley, J. C. (2011). Action-oriented research: A primer and examples. *Journal of Psychology and Theology*, 39, 211-221.

Worthington, E. L., Jr., Davis, D. E., Hook, J. N., **Miller, A. J.**, Gartner, A. L., & Jennings, D. J. II. (2011). Promoting forgiveness as a religious or spiritual intervention. In J. D. Aten, M. R. McMinn, & E. L. Worthington, Jr. (Eds.), *Spiritually oriented interventions for counseling and psychotherapy* (pp. 169-195). Washington, D.C.: American Psychological Association.

2010

Miller, A. J., & Worthington, E. L. (2010). Sex, forgiveness, and mental health. *Journal of Positive Psychology*, 5, 12-23. doi:10.1080/17439760903271140

Kiefer, R. P., Worthington, E. L., Jr., Myers, B. J., Kliever, W. L., Berry, J. W., Davis, D. E., Kilgour, J. M., **Miller, A. J.**, et al. (2010). Training parents in forgiving and reconciling. *The American Journal of Family Therapy*, 38, 32-49. doi:10.1080/01926180902945723

Worthington, E. L., Jr., Hunter, J. L., Sharp, C. B., Hook, J. N., Van Tongeren, D. R., Davis, D. E., **Miller, A. J.**, et al. (2010). A psychoeducational intervention to promote forgiveness in Christians in the Philippines. *Journal of Mental Health Counseling*, 32, 75-93.

2009

Worthington, E. L., Jr., Sandage, S. J., Davis, D. E., Hook, J. N., **Miller, A. J.**, Hall, E. L., & Hall, T. W. (2008). Training therapists to address spiritual concerns in clinical practice and research. In J. Aten & M. Leach (Eds.), *Spirituality and the therapeutic process: A comprehensive resource from intake to termination* (pp. 267-292). Washington, D.C.: American Psychological Association.

2008

Miller, A. J., Worthington, E. L., Jr., & McDaniel, M. A. (2008). Forgiveness and gender: A meta-analytic review and research agenda. *Journal of Social and Clinical Psychology*, 27, 843-876.

Worthington, E. L., Jr., Sandage, S. J., Davis, D. E., Hook, J. N., **Miller, A. J.**, Hall, M. E. L., & Hall, T. W. (2008). Training therapists to address spiritual concerns in clinical practice and research. In J. Aten & Leach (Eds.), *Integrating spirituality across the therapeutic process: A comprehensive resource from intake to termination* (pp. 267-291). Washington, DC: American Psychological Association.

Miller, A. J., Hook, J. N., & Worthington, E. L., Jr., Brief therapy. (2008). In F. T. Leong (Ed.), *Encyclopedia of counseling* (pp. 145-151). Thousand Oaks, CA: Sage Publications.

Worthington, E. L., Jr., Hook, J., Wade, N. G., **Miller, A. J.**, & Sharp, C. B. (2008). The effects of a therapist's religion on the marriage therapist and marriage counseling. In J. Onedera (Ed.), *Religion and marriage and family counseling* (pp. 17-34). New York: Routledge/Taylor and Francis.

2007

Worthington, E. L., Jr., Witvliet, C. V. O., Pietrini, P., & **Miller, A. J.** (August 2007). Forgiveness, health, and well-being: A review of evidence for emotional versus decisional forgiveness, dispositional forgivingness, and reduced unforgiveness. *Journal of Behavioral Medicine*, 30, 291-302.

Worthington, E. L., Jr., Ripley, J. S., Hook, J. N., & **Miller, A. J.** (2007). The hope-focused approach to couple therapy and enrichment. *Journal of Psychology and Christianity*, 26, 132-139.

2006

Worthington, E. L., Jr., **Lerner, A. J.**, Sharp, C. B., & Sharp, J. (2006). Forgiveness as an example of loving one's enemies. *Journal of Psychology and Theology*, 34, 32-42.

2005

Worthington, E. L., Jr., Witvliet, C. V. O., **Lerner, A. J.**, & Scherer, M. (May 2005). Forgiveness in health research and medical practice. *EXPLORE: The Journal of Science and Healing*, 1, 169-176.

Worthington, E. L., Jr., **Lerner, A.**, & Sharp, C. (2005). Repairing the emotional bond versus skills training for marital intervention. *Journal of Psychology and Christianity*, 24, 259-262.

PEER-REVIEWER

2011 *Social Psychology Quarterly*

2010 *Journal of Behavioral Medicine*

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

Virginia Academy of Clinical Psychologists

Phi Beta Kappa key holder

SERVICE

Psychologists Supporting Psychologists in Training, Board President

January 2020-present

- Fundraising
- Recruiting pro bono providers
- Managing an online database
- Graduate student advocacy

Virginia Academy of Clinical Psychologists Task Force Leader

September 2018-2020

- Lead a task force to explore feasibility for creating a counseling network for graduate students
- Conducted two needs assessments
- Research, budget proposals, and document creation in support of the task force

MOMs Club of Roanoke County and Salem

June 2013-June 2017

- Vice President of Administration
- Sunshine Committee Head
- Community Service Committee Member

Georgia Southwestern State University

2009-2013

- Internship Coordinator and supervisor for Psychology and Sociology Department
- Created and facilitated monthly junior faculty teaching circle
- Instructional Technology Advisory Committee
- Student Affairs Committee
- Developed, conducted, and supervised student facilitators for the International Student Support Group
- Presented on the topic of Increased Risk for Substance Abuse and Suicide in the LGBT Community for a Women's Studies Project
- Presented on the topic of Stress Management talk at Zeta Tau Alpha sorority
- Contributor to Vintage Magazine on counseling and relationship topics

AWARDS

2022 Psychologist of the Year - Awarded by Virginia Academy of Clinical Psychologists

2013 Professor of the Year – Awarded by Georgia Southwestern State University Athletics

2007 Travel Grant Award for International Counseling Psychology Conference, VCU

2006 Travel Fellowship Award for Gallup International Positive Psychology Conference, Gallup

Phi Kappa Phi Scholarship recipient, VCU, 2005-2006

Therapist of the Month (2006) at the Center for Psychological Services and Development