

## Curriculum Vitae

**ANDREA J. MILLER, PhD**

Licensed Clinical Psychologist

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### **EDUCATION**

Ph.D.	Virginia Commonwealth University, Richmond, VA APA Accredited Counseling Psychology Program Area of Sub-specialization: Positive Psychology (Prevention, intervention, and health promotion through emphasizing positive development and growth)	August 2006-August 2009
M.S.	Virginia Commonwealth University, Richmond, VA APA Accredited Counseling Psychology Program	August 2004-May 2006
B.A.	Austin College, Sherman, TX, Major: Psychology	August 2000-August 2003

### **EMPLOYMENT**

Insight and Growth Counseling, LLC Licensed Clinical Psychologist	January 2015 - present
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Hollins University Adjunct Professor for Master's of Liberal Arts Program	August 2013- December 2016
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Providence Psychological Services Licensed Clinical Psychologist	November 2011- December 2012
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Providence Psychological Services Postdoc Clinician	May 2010 – October 2011
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Georgia Southwestern State University Assistant Professor in Undergraduate Psychology Program	August 2009 - May 2013
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Virginia Tech, Counseling Psychology Intern at Cook Counseling Center	August 2008 - July 2009
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Virginia Commonwealth University Adjunct Instructor for Undergraduate Psychology Program	Summer 2007, Summer 2008
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Virginia Commonwealth University Teaching Assistant and Research Coordinator Undergraduate Psychology Program	August 2004 - June 2008
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## **TEACHING EXPERIENCE**

Hollins University, Adjunct Instructor Master's Level

*Most recent student evaluation average was 1.14 (scale of 1 = very good to 5 = very poor)*

Theories of Personality

Forensic and Legal Psychology

Georgia Southwestern State University, Assistant Professor, Undergraduate

*Student evaluation average was 1.35-1.55 (scale of 1 = excellent to 5 = poor)*

Introduction to Psychology

Abnormal Psychology

Theories and Techniques of Counseling

Introduction to Psychological Assessment

Health Psychology

Theories of Personality

Senior Research I

Psychology Internship

Virginia Commonwealth University, Adjunct Instructor

Introduction to Psychology

Introduction to Helping Relationships

Research Internship in Psychology

## **PRESENTATIONS**

**Miller, A. J.** (2025). Mental Health and Parkinson's: Wellness Through Understanding and Coping Strategies. Presented at American Parkinson's Disease Association Virginia Parkinson's Conference.

**Miller A. J.**, (2022). Self-Care Across the Career Span. Presented at Virginia Academy of Clinical Psychologists Fall 2022 Conference.

**Miller A. J.**, (2022). Buffering Mental Health Symptoms and Burnout with Parkinson's Disease. Presented at Roanoke Parkinson's Support Group of Virginia Symposium.

**Miller A. J.**, (2021). Burnout and wellness promotion for clinical psychologists. Presented at Virginia Academy of Clinical Psychologist Fall 2021 Conference.

**Miller, A. J.** (2012). Coping when it's you or your family who are the victims. Presented at Working with Victims Training Conference. Georgia Southwestern State University.

**Miller, A. J.** (2012). PTSD: An Overview of Symptoms, Risk Factors, and Treatment. Presented at Working with Victims Training Conference. Georgia Southwestern State University.

## **PEER-REVIEWED PUBLICATIONS & CHAPTERS**

### **2016**

Toussaint, L., Worthington, E. L., Jr., Van Tongeren, D. R., Hook, J., Berry, J. W., **Miller, A. J.**, & Davis, D. E. (2016). Forgiveness working: Forgiveness, health, and productivity in the workplace. *American Journal of Health Promotion*, 1-9.

### **2015**

**Miller, A. J., & Worthington, E. L., Jr. (2015). Sex, Forgiveness, and Health. In L. L. Toussaint, E. Worthington, & D. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp. 173-187). Springer, Netherlands.**

Worthington Jr., E. L., Berry, J. W., Hook, J. N., Davis, D. E., Scherer, M., Griffin, B. J., Wade, N. G., Yarhouse, M., Ripley, J. S., **Miller, A. J.,** et al. (2015). Forgiveness-reconciliation and communication-conflict-resolution interventions versus retested controls in early married couples. *Journal of Counseling Psychology, 14*-27.

### **2013**

**Miller, A. J.,** Worthington, E. L., Jr., Hook, J. N., Davis, D. E., Gartner, A. L., & Frohne, N. A. (2013). Managing hurt and disappointment: Improving communication of reproach and apology. *Journal of Mental Health Counseling, 35*, 108-123.

### **2012**

**Miller, A. J., & Worthington, E. L., Jr.,** (2012). Connection between personality and religion and spirituality. In J. D. Aten, K. A. O'Grady, & E. L., Jr. Worthington (Eds.). *The psychology of religion and spirituality for clinicians: Using research in your practice* (pp. 101-129 ). New York: Brunner-Routledge.

Greer, C. L., Greer, T. W., Worthington, E. L. Jr., **Miller, A. J.,** Van Tongeren, D. R., Toussaint, L., & Exline, J. J. (2012). Religion and fairness, justice, and forgiveness in organizational settings. In P. C. Hill & B. Dik (Eds.), *Advances in workplace spirituality: Theory, research and application* (pp. 201-222). Charlotte: Information Age Publishing.

Worthington, E. L., Jr., Ripley, J. S., Hook, J. N., **Miller, A. J.,** Lin, Y., Lavelock, C., & Crawford, S. (2012). *Hope-focused couple approach: Research on efficacy and analysis of why it might be effective*. In A. J. Lancaster & O. Sharpe (Eds.), *Psychotherapy: New research* (pp. 1-28). Hauppauge, NY: Nova Science Publishers.

### **2011**

Worthington, E. L., Jr., **Miller, A. J.,** & Talley, J. C. (2011). Action-oriented research: A primer and examples. *Journal of Psychology and Theology, 39*, 211-221.

Worthington, E. L., Jr., Davis, D. E., Hook, J. N., **Miller, A. J.,** Gartner, A. L., & Jennings, D. J. II. (2011). Promoting forgiveness as a religious or spiritual intervention. In J. D. Aten, M. R. McMinn, & E. L. Worthington, Jr. (Eds.), *Spiritually oriented interventions for counseling and psychotherapy* (pp. 169-195). Washington, D.C.: American Psychological Association.

### **2010**

**Miller, A. J., & Worthington, E. L.** (2010). Sex, forgiveness, and mental health. *Journal of Positive Psychology, 5*, 12-23. doi:10.1080/17439760903271140

Kiefer, R. P., Worthington, E. L., Jr., Myers, B. J., Kliewer, W. L., Berry, J. W., Davis, D. E., Kilgour, J. M., **Miller, A. J.,** et al. (2010). Training parents in forgiving and reconciling. *The American Journal of Family Therapy, 38*, 32-49. doi:10.1080/01926180902945723

Worthington, E. L., Jr., Hunter, J. L., Sharp, C. B., Hook, J. N., Van Tongeren, D. R., Davis, D. E., **Miller, A. J.,** et al. (2010). A psychoeducational intervention to promote forgiveness in Christians in the Philippines. *Journal of Mental Health Counseling, 32*, 75-93.

## 2009

Worthington, E. L., Jr., Sandage, S. J., Davis, D. E., Hook, J. N., **Miller, A. J.**, Hall, E. L., & Hall, T. W. (2008). Training therapists to address spiritual concerns in clinical practice and research. In J. Aten & M. Leach (Eds.), *Spirituality and the therapeutic process: A comprehensive resource from intake to termination* (pp. 267-292). Washington, D.C.: American Psychological Association.

## 2008

**Miller, A. J.**, Worthington, E. L., Jr., & McDaniel, M. A. (2008). Forgiveness and gender: A meta-analytic review and research agenda. *Journal of Social and Clinical Psychology*, 27, 843-876.

Worthington, E. L., Jr., Sandage, S. J., Davis, D. E., Hook, J. N., **Miller, A. J.**, Hall, M. E. L., & Hall, T. W. (2008). Training therapists to address spiritual concerns in clinical practice and research. In J. Aten & Leach (Eds.), *Integrating spirituality across the therapeutic process: A comprehensive resource from intake to termination* (pp. 267-291). Washington, DC: American Psychological Association.

**Miller, A. J.**, Hook, J. N., & Worthington, E. L., Jr., Brief therapy. (2008). In F. T. Leong (Ed.), *Encyclopedia of counseling* (pp. 145-151). Thousand Oaks, CA: Sage Publications.

Worthington, E. L., Jr., Hook, J., Wade, N. G., **Miller, A. J.**, & Sharp, C. B. (2008). The effects of a therapist's religion on the marriage therapist and marriage counseling. In J. Onedera (Ed.), *Religion and marriage and family counseling* (pp. 17-34). New York: Routledge/Taylor and Francis.

## 2007

Worthington, E. L., Jr., Witvliet, C. V. O., Pietrini, P., & **Miller, A. J.** (August 2007). Forgiveness, health, and well-being: A review of evidence for emotional versus decisional forgiveness, dispositional forgiveness, and reduced unforgiveness. *Journal of Behavioral Medicine*, 30, 291-302.

Worthington, E. L., Jr., Ripley, J. S., Hook, J. N., & **Miller, A. J.** (2007). The hope-focused approach to couple therapy and enrichment. *Journal of Psychology and Christianity*, 26, 132-139.

## 2006

Worthington, E. L., Jr., **Lerner, A. J.**, Sharp, C. B., & Sharp, J. (2006). Forgiveness as an example of loving one's enemies. *Journal of Psychology and Theology*, 34, 32-42.

## 2005

Worthington, E. L., Jr., Witvliet, C. V. O., **Lerner, A. J.**, & Scherer, M. (May 2005). Forgiveness in health research and medical practice. *EXPLORE: The Journal of Science and Healing*, 1, 169-176.

Worthington, E. L., Jr., **Lerner, A.**, & Sharp, C. (2005). Repairing the emotional bond versus skills training for marital intervention. *Journal of Psychology and Christianity*, 24, 259-262.

**PEER-REVIEWER**

2011 *Social Psychology Quarterly*

2010 *Journal of Behavioral Medicine*

**MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**

Virginia Academy of Clinical Psychologists

Phi Beta Kappa key holder

**SERVICE****Psychologists Supporting Psychologists in Training, Board President**

January 2020-present

- Fundraising
- Recruiting pro bono providers
- Managing an online database
- Graduate student advocacy

**Virginia Academy of Clinical Psychologists Task Force Leader**

September 2018-2020

- Lead a task force to explore feasibility for creating a counseling network for graduate students
- Conducted two needs assessments
- Research, budget proposals, and document creation in support of the task force

**MOMs Club of Roanoke County and Salem**

June 2013-June 2017

- Vice President of Administration
- Sunshine Committee Head
- Community Service Committee Member

**Georgia Southwestern State University**

2009-2013

- Internship Coordinator and supervisor for Psychology and Sociology Department
- Created and facilitated monthly junior faculty teaching circle
- Instructional Technology Advisory Committee
- Student Affairs Committee
- Developed, conducted, and supervised student facilitators for the International Student Support Group
- Presented on the topic of Increased Risk for Substance Abuse and Suicide in the LGBT Community for a Women's Studies Project
- Presented on the topic of Stress Management talk at Zeta Tau Alpha sorority
- Contributor to Vintage Magazine on counseling and relationship topics

## **AWARDS**

2022 Psychologist of the Year - Awarded by Virginia Academy of Clinical Psychologists  
2013 Professor of the Year – Awarded by Georgia Southwestern State University Athletics  
2007 Travel Grant Award for International Counseling Psychology Conference, VCU  
2006 Travel Fellowship Award for Gallup International Positive Psychology Conference, Gallup  
Phi Kappa Phi Scholarship recipient, VCU, 2005-2006  
Therapist of the Month (2006) at the Center for Psychological Services and Development